

Monday	Tuesday	Wednesday	Thursday	Friday
7:00am Boot Camp Neil		7:45am HIIT Jordan	7:15am Boot Camp Costa	7:30am Beginner Cardio Sculpt Garry
12:00pm Pilates Ashley	12:00pm Power Yoga Kourtney	12:00pm Pilates Ashley	12:00pm Power Yoga Kourtney	12:00pm Pilates Ashley
1:00pm Cardio Sculpt Garry	1:00pm Boot Camp Neil	1:00pm Zumba Marisol	1:00pm Total Body Conditioning Jazzy	1:00pm Boot Camp Ashley
	5:00pm Body 20 Mac			
5:30pm Power Yoga Kourtney	5:30pm Zumba Marisol	5:15pm Yoga Susan	5:15pm Zumba Marisol	
		6:15pm Boot Camp Neil		